

If animals can perceive spiritual vibrations, why can't humans?

Abstract

There has been much speculation and research as to whether humankind can learn something from animals and their ability to live in tune with nature. The National Geographic along with many other eyewitness reports observed that within an hour prior to the 2004 tsunami striking, animals behaved strangely and made their way to higher ground. 200,000 people died in that natural disaster, yet very few animal-carcases were found in its aftermath. What was it that warned the animals that humans could not perceive – was it plain alertness to the signs from nature or some psychic ability or both?

Research carried out by the Maharshi University of Spirituality indicates that the answer may lie in Shrikrusha's guidance to Arjun in the 14th chapter of the Holy text Shrimad Bhagawad Geeta. He explains the concept of *Sattva*, *Raja* and *Tama*, the 3 subtle components of the Universe that permeate the entire Universe. The proportion of these components in a person dictate his or her behaviour and values. They also affect the environment around us. When there is instability in the environment giving rise to natural disasters, there is a concomitant rise in the negative vibrations / stressful energy due to a higher proportion of the *Raja* and *Tama* (non-*sāttvik*) subtle components. On the other hand, an increase in the *Sattva* component provides vibrations of wellness, safety and stability.

Having conducted various experiments with animals and their response to *sāttvik* (spiritually pure) and non-*sāttvik* (spiritually impure) stimuli indicates that that some animals have the sixth sense ability to sense subtle vibrations. This natural hard-wired subtle ability in some animal species enables them to sense a sudden increase in stressful vibrations in their surrounding eco-system, thus causing them to protect themselves therefore increasing their survival rate. Holy scriptures indicate that humankind once had such an ability en masse in earlier eras (*Satyayuga* and *Tretayuga*) but had lost it over time due to its obsession with the material world and due to focusing too much on the intellect as a means of enquiry into the world around.

Among the species of animals, birds and insects there are some who are more *sāttvik* than others. *Sāttvik* animals have an innate affinity for *sāttvik* premises and environments. The subtle vibrations prevailing in the Spiritual Research Centre and Ashram are *Sattva* predominant. Hence, it is often observed that animals and

insects that are *sāttvik* by nature are drawn towards the Ashram premises. In ancient times too, it has been documented that some animals would freely wander into the ashrams' of Sages. On the other hand, animals that are negative in nature prefer to choose habitats that are *Raja-Tama* predominant.

With regular spiritual practice that conforms to universal spiritual principles, humankind too can increase the *sattvikta* in themselves and regain their subtle ability to better understand the environment around them. This will also enhance people's decision-making ability towards being more spiritually positive and towards how they can positively interact with their environment.

Word count : 493 words

Contact

info@spiritual.university | www.spiritual.university
